

NAMIWalk 2018 Information Sheet

How to Create a Team:

- 1) Create a walk team on namiwalks.org/hawaii.
- 2) List yourself or an officer as the team captain
- 3) Name your team after your school and add HOSA to your name (ex. Moanalua HOSA)

NOTE: It's very important to add HOSA to your team name because we need to have a count of every member present

- 2) Once you're a team, sign up each student under the team;
 - you can either tell them to register themselves and choose your team upon registering
 - you can put in each child's name during the team captain registration process.

Ways to Volunteer:

- 1) Fundraise as a team or individual
 - a) Collect donations or hold a fundraiser (idea list attached)
 - b) Turn in along with donation form to Registration Tent on walk day
- 2) Walk on walk day as spirited cheerleaders
 - a) Have a team of at least ten people and make spirited signs (ex. #stigmafree)
- 3) Help with the walk site:
 - a) Set-up:

Please show up by 6:30a, 7:00a at latest for the volunteer briefing. Set-up duties include decorations, trash set-up, litter pick-up, tables/chairs, goodie bag making.
 - b) Waterbooth: SHIFT TIME TBD Since we are going green this year we are having water booths stationed along the walks. We are looking for HOSA volunteers with a parent that would be interested in being stationed at a water booth, there are a number of them that will be along the walk route.
 - c) Clean-up:

From 11:00 to noonish. Duties include litter pick-up, take-down of tables and tents, and loading of miscellaneous gear.

For help on the walk site, we ask that you choose just ONE way to help so that we can have duties divvied up by school and there's no confusion on the day. However, all teams can walk and fundraise in addition.

To get started with us:

- 1) Talk to your kids and create a team.
- 2) E-mail Anisa Wiseman at manager@namihawaii.org and let her know you've created a team and which duties you prefer.
- 3) Wait for an email approving your duty and further logistics.
- 4) You're good to go! You can add more to your roster, do some awareness events, and anything else that will bring spirit to your HOSA chapter!